

# WELCOME TO THE REESE COLLECTIVE

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## CLINICAL SUPERVISION & CONSULTATION

Clinical supervision should be more than a requirement to complete or a box to check. At its best, supervision is a space for reflection, ethical grounding, professional growth, and sustainability—especially for clinicians working in high-demand and trauma-exposed environments.

I provide individual clinical supervision and consultation for agencies and care teams, grounded in mentorship, clinical integrity, and deep respect for the complexity of this work.

This is supervision that supports both competence and longevity.

Kimberly (Reese) Watson, MSW, LCSW



My approach to supervision is shaped by years of clinical practice, leadership, and a deep respect for the emotional and ethical weight clinicians carry—particularly those working in community-based, high-acuity, and trauma-heavy settings.

As a Licensed Clinical Social Worker and clinical supervisor, I hold supervision as a space where:

- Clinical rigor and humanity coexist
- Identity, power, culture, and systems are named—not ignored
- Growth happens without shame, urgency, or performance pressure

I supervise from a place of mentorship rather than hierarchy, supporting clarity, confidence, and ethical grounding over time.

## HOW IT WORKS & WHAT TO EXPECT

Supervision and consultation are structured, intentional, and boundaried.

Services may include:

- Individual clinical supervision (pre-licensed or licensed clinicians)
- Case consultation and clinical formulation support
- Ethical decision-making and scope-of-practice guidance
- Support for burnout, boundaries, and sustainability
- Agency-based consultation or contracted supervision

Expectations, goals, and scope are discussed at the outset to ensure the relationship feels clear, supportive, and sustainable.

## HOW THIS CAN HELP

Clinical supervision and consultation can help clinicians:

- Strengthen clinical thinking and confidence
- Navigate complex cases with ethical clarity
- Attend to the impact of the work—not just the work itself
- Sustain themselves in systems that often demand too much

For organizations, this work can support clinician retention, clinical quality, and healthier care teams.



For information about availability, formats, and contracting options